

## HOT SHOTS CURLING CAMP

### FRIDAY, SEPTEMBER 15, 2023

| TIME              | GROUP 1   | GROUP 2   | GROUP 3   | GROUP 4   | GROUP 5   | GROUP 6   | GROUP 7  | GROUP 8  |
|-------------------|---|---|---|---|---|---|--|--|
| 12:00             | <b>WELCOME AND INTRODUCTIONS - WARM UP EXERCISES - HAVE FUN!</b>  |   |   |   |   |   |  |  |
| 12:20 to 1:20 (1) | Ice # 1<br><b>BALANCE/ DELIVERY</b><br>Brian Chick  | Ice # 2<br><b>BALANCE/ DELIVERY</b><br>Byron Scott                  | Ice # 3<br><b>BALANCE/ DELIVERY</b><br>Ian Tetley                     | Ice # 4<br><b>BALANCE/ DELIVERY</b><br>David Gravelle                 | Ice # 5 A<br><b>BALANCE / DELIVERY</b><br>Morgan Lavell       | Ice # 5 B<br><b>BALANCE / DELIVERY</b><br>Matt Lowe                 | Ice # 6<br><b>BALANCE / DELIVERY</b><br>Paul Balabuck                | Ice # 7 A<br><b>BALANCE / DELIVERY</b><br>Kim Tuck                   |
| 1:25 to 2:20 (2)  | Ice # 1<br><b>LINE OF DELIVERY</b><br>Matt Lowe<br>Ian Tetley   | Ice # 1<br><b>LINE OF DELIVERY</b><br>Matt Lowe<br>Ian Tetley       | Ice # 3 B<br><b>LINE OF DELIVERY</b><br>Erin Wood<br>Jeff Dawson      | Ice # 3 B<br><b>LINE OF DELIVERY</b><br>Erin Wood<br>Byron Scott      | Classroom<br><b>TEAM COMMUNICATION</b><br>David Gravelle      | Classroom<br><b>TEAM COMMUNICATION</b><br>David Gravelle            | Classroom<br><b>TEAM COMMUNICATION</b><br>David Gravelle             | Classroom<br><b>TEAM COMMUNICATION</b><br>David Gravelle             |
| 2:20              | <b>COFFEE AND SNACK BREAK</b>   |   |   |   |   |   |  |  |
| 2:40 to 3:30 (3)  | Classroom<br><b>STRATEGY</b><br>Brian Chick<br>Chrissy Cadorn   | Classroom<br><b>STRATEGY</b><br>Brian Chick<br>Chrissy Cadorn       | Classroom<br><b>STRATEGY</b><br>Brian Chick<br>Chrissy Cadorn         | Classroom<br><b>STRATEGY</b><br>Brian Chick<br>Chrissy Cadorn         | Ice # 1<br><b>LINE OF DELIVERY</b><br>Matt Lowe<br>Ian Tetley | Ice # 1<br><b>LINE OF DELIVERY</b><br>Matt Lowe<br>Ian Tetley       | Ice # 2 B<br><b>LINE OF DELIVERY</b><br>Byron Scott.<br>Kira Brunton | Ice # 2 B<br><b>LINE OF DELIVERY</b><br>Byron Scott.<br>Kira Brunton |
| 3:30 to 4:20 (4)  | Ice # 1<br><b>DELIVERY RELEASE</b><br>Danielle Inglis   | Ice # 2<br><b>DELIVERY RELEASE</b><br>Kira Brunton<br>Paul Balabuck | Ice # 3<br><b>DELIVERY RELEASE</b><br>Janet Murphy                    | Ice # 4<br><b>DELIVERY RELEASE</b><br>Erin Wood                       | Ice # 5<br><b>DELIVERY RELEASE</b><br>Morgan Lavell           | Ice # 6<br><b>DELIVERY RELEASE</b><br>Chrissy Cadorn<br>Byron Scott | Ice # 7<br><b>DELIVERY RELEASE</b><br>Matt Lowe                      | Ice # 8<br><b>DELIVERY RELEASE</b><br>Ian Tetley<br>Brian Chick      |
| 4:25 to 5:15 (5)  | Ice # 1<br><b>EFFECTIVE BRUSHING</b><br>Erin Wood<br>Byron Scott  | Ice # 1<br><b>EFFECTIVE BRUSHING</b><br>Erin Wood<br>Byron Scott    | Ice # 2<br><b>EFFECTIVE BRUSHING</b><br>Paul Balabuck<br>Janet Murphy | Ice # 2<br><b>EFFECTIVE BRUSHING</b><br>Paul Balabuck<br>Janet Murphy | Classroom<br><b>STRATEGY</b><br>Brian Chick<br>Ian Tetley     | Classroom<br><b>STRATEGY</b><br>Brian Chick<br>Ian Tetley           | Classroom<br><b>STRATEGY</b><br>Brian Chick<br>Ian Tetley            | Classroom<br><b>STRATEGY</b><br>Brian Chick<br>Ian Tetley            |
| 5:15              | <b>Welcome Reception at Oakville Curling Club</b>   |   |   |   |   |   |  |  |
| 6:15              | <b>Dinner at Oakville Curling Club - Chef Darren Ross - Ross Food Services</b>                          |   |   |   |   |   |  |  |
| 7:15              | <b>Get to know your world-class Instructors</b>   |   |   |   |   |   |  |  |
| 8:30              | <b>Check-in at Hilton Garden Inn - Oakville (Room keys distributed at the club on Friday afternoon)</b> |   |   |   |   |   |  |  |

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### FRIDAY, SEPTEMBER 15, 2023

| TIME              | GROUP 9   | GROUP 10   | GROUP 11   | GROUP 12  | GROUP 13  | GROUP 14   | GROUP 15   | PAGE     |
|-------------------|---|--|--|---|---|--|--|----------|
| 12:00             | <b>WELCOME AND INTRODUCTIONS - WARM UP EXERCISES - HAVE FUN!</b>  |  |  |   |   |  |  | <b>2</b> |
| 12:20 to 1:20 (1) | Ice # 7 B<br><b>BALANCE/ DELIVERY</b><br>Kira Brunton   | Ice # 8 A<br><b>BALANCE/ DELIVERY</b><br>Chrissy Cadarin             | Ice # 8 B<br><b>BALANCE/ DELIVERY</b><br>Janet Murphy                | Classroom<br>DELIVERY<br>Danielle Inglis<br>Erin Wood                 | Classroom<br>DELIVERY<br>Danielle Inglis<br>Erin Wood                 | Classroom<br>DELIVERY<br>Danielle Inglis<br>Erin Wood                    | Classroom<br>DELIVERY<br>Danielle Inglis<br>Erin Wood                    |          |
| 1:25 to 2:20 (2)  | Ice # 4<br><b>LINE OF DELIVERY</b><br>Danielle Inglis<br>Paul Balabuck                                  | Ice # 5 B<br><b>LINE OF DELIVERY</b><br>Brian Chick<br>Morgan Lavell | Ice # 5 B<br><b>LINE OF DELIVERY</b><br>Brian Chick<br>Morgan Lavell | Ice # 7 A<br><b>BALANCE / DELIVERY</b><br>Kim Tuck                    | Ice # 7 B<br><b>BALANCE/ DELIVERY</b><br>Kira Brunton                 | Ice # 8 A<br><b>BALANCE/ DELIVERY</b><br>Chrissy Cadarin                 | Ice # 8 B<br><b>BALANCE/ DELIVERY</b><br>Janet Murphy                    |          |
| 2:20              | <b>COFFEE AND SNACK BREAK</b>   |  |  |   |   |  |  |          |
| 2:40 to 3:30 (3)  | Ice # 3<br><b>DELIVERY RELEASE</b><br>Erin Wood   | Ice # 4<br><b>DELIVERY RELEASE</b><br>Kim Tuck                       | Ice # 5<br><b>DELIVERY RELEASE</b><br>David Gravelle                 | Ice # 6 a<br><b>LINE OF DELIVERY</b><br>Morgan Lavell<br>Janet Murphy | Ice # 6 A<br><b>LINE OF DELIVERY</b><br>Morgan Lavell<br>Janet Murphy | Ice # 7 B<br><b>LINE OF DELIVERY</b><br>Danielle Inglis<br>Paul Balabuck | Ice # 7 B<br><b>LINE OF DELIVERY</b><br>Danielle Inglis<br>Paul Balabuck |          |
| 3:30 to 4:20 (4)  | Classroom<br><b>TEAM COMMUNICATION</b><br>David Gravelle<br>Kim Tuck                                    | Classroom<br><b>TEAM COMMUNICATION</b><br>David Gravelle<br>Kim Tuck | Classroom<br><b>TEAM COMMUNICATION</b><br>David Gravelle<br>Kim Tuck | Classroom<br><b>TEAM COMMUNICATION</b><br>David Gravelle<br>Kim Tuck  | Classroom<br><b>TEAM COMMUNICATION</b><br>David Gravelle<br>Kim Tuck  | Classroom<br><b>TEAM COMMUNICATION</b><br>David Gravelle<br>Kim Tuck     | Classroom<br><b>TEAM COMMUNICATION</b><br>David Gravelle<br>Kim Tuck     |          |
| 4:25 to 5:15 (5)  | Ice # 4<br><b>EFFECTIVE BRUSHING</b><br>Kim Tuck<br>Morgan Lavell                                       | Ice # 4<br><b>EFFECTIVE BRUSHING</b><br>Kim Tuck<br>Morgan Lavell    | Ice # 4<br><b>EFFECTIVE BRUSHING</b><br>Kim Tuck<br>Morgan Lavell    | Ice # 5<br><b>DELIVERY RELEASE</b><br>Kira Brunton                    | Ice # 6<br><b>DELIVERY RELEASE</b><br>Danielle Inglis                 | Ice # 7<br><b>DELIVERY RELEASE</b><br>Chrissy Cadarin                    | Ice # 8<br><b>DELIVERY RELEASE</b><br>Matt Lowe                          |          |
| 6:15              | <b>Welcome Reception at Oakville Curling Club</b>   |  |  |   |   |  |  |          |
| 7:15              | <b>Dinner at Oakville Curling Club - Chef Darren Ross - Ross Food Services</b>                          |  |  |   |   |  |  |          |
| 8:30              | <b>Get to know your world-class Instructors</b>   |  |  |   |   |  |  |          |
| 8:30              | <b>Check-in at Hilton Garden Inn - Oakville (Room keys distributed at the club on Friday afternoon)</b> |  |  |   |   |  |  |          |